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Dr. Joe's Essential Source™ is a convenient, energizing, all-natural formula for the whole family. This formula contains a multivitamin complex, a rich sea vegetable complex, and several fruit and vegetable extracts. This formulation delivers a wide spectrum of antioxidants, enzymes, and probiotics. It helps provide digestive and immune support and can act as an appetite suppressant while helping maintain healthy blood sugar levels.*

This product contains no GMOs, soy, eggs, preservatives, or artificial sweeteners, colors, or flavors. Processed at a low temperature to preserve natural enzymes and nutrients.

Directions: Mix 1 scoop (approximately 11 grams) with 8 ounces or more of juice, plant-based milk (such as almond, coconut, etc.), your favorite smoothie, or water.

Storage: Store in a cool, dry place after opening.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use.

Produced in a cGMP facility.

For more health and nutrition guidance, visit:
www.drjoe.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THIS BOTTLE IS BPA-FREE



Dr. Joe's ESSENTIAL SOURCE™

ANTIOXIDANT • MULTIVITAMIN • PROBIOTIC

FRUIT & VEGETABLE COMPLEX

Dietary Supplement
Net Weight 11.64 oz. (330 grams)

SUPPLEMENT FACTS

Serving Size: 11 g (About 1 Scoop)

Servings Per Container: About 30

Amount Per Serving	%DV**	Amount Per Serving	%DV**
Calories	40	Proprietary Fiber Support Blend	2.73 g †
Total Carbohydrate	8 g 3%**	Nutrim® Organic Whole Oat Bran Powder, Apple Fruit Powder, Dried Grape (Raisin) Fruit Powder.	
Dietary Fiber	2 g 7%**	Proprietary Greens Blend	1.8 g †
Total Sugars	2 g †	Organic Barley Grass Powder, Spirulina Whole Plant Powder, Chlorophyll Cracked Cell Wall Powder, Kombu Whole Plant Powder, Ecklonia cava kjellman Algae Powder, Kelp Frond and Stipe Powder.	
Protein	1 g	Proprietary Fruit and Vegetable Blend	1.8 g †
Vitamin A (as beta carotene)	1500 mcg 167%	Carrot Root Powder, Collards (Kale) Leaf Powder, Spinach Leaf Powder, Cauliflower Florets Powder, Cabbage Leaf Powder, Watermelon Fruit Powder, Actinidia deliciosa (Kiwi) Fruit Powder, Musa acuminata/Musa cavendishii (Banana) Fruit Powder, Broccoli Sprout Powder, Parsley Leaf Powder, Plum Fruit Powder, Cranberry Fruit Powder, Strawberry Fruit Powder, Raspberry Fruit Powder, Peach Fruit Powder, Papaya Fruit Powder, Pyrus communis (Pear) Fruit Powder, Apple Fruit Extract.	
Vitamin C (from acerola fruit extract)	136 mg 151%	Proprietary Antioxidant Blend	1.28 g †
Vitamin D3 (as cholecalciferol)(from Lichen)	10 mcg 50%	Acerola Fruit Extract, Bilberry Fruit Extract, Grape (Red Wine) Fruit Extract, Green Tea Leaf Extract, Quercetin (as Quercetin Dihydrate), Trans-Resveratrol (from Japanese Knotweed Root Extract), Grape Seed Extract, Blueberry Fruit Extract.	
Vitamin E (as DL-alpha tocopheryl acetate)	13.8 mg 92%	Proprietary Clinical Circulatory Blend	1.04 g †
Vitamin K (as phytonadione)	80 mcg 67%	Dried Plum (Prune) Fruit Extract, Bromelain Complex, Milk Thistle Seed Extract, Turmeric Root Extract, Black Cherry Fruit Extract.	
Thiamin (as thiamine HCl)	1.15 mg 96%	Proprietary Digestive Support Blend	200 mg †
Riboflavin	1.7 mg 131%	Ginger Root Powder, Amylase Complex, Lipase Complex, Cellulase Complex, Papain Complex, Aloe Vera Leaf Powder, Licorice Root Powder.	
Niacin (as niacinamide)	20 mg 125%	Proprietary Probiotic Blend	125 mg †
Vitamin B6 (as pyridoxine HCl)	2 mg 118%	Inulin, Lactobacillus acidophilus, Streptococcus thermophilus, Lactobacillus casei, Bifidobacterium longum, Bifidobacterium breve.	
Folate (as L-5-methyltetrahydrofolate calcium)	400 mcg DFE 100%	Stevia Leaf Extract	80 mg †
Vitamin B12 (as methylcobalamin)	6 mcg 250%		
Biotin	300 mcg 1,000%		
Pantothenic Acid (as calcium-D-pantothenate)	10 mg 200%		
Calcium (as dicalcium phosphate)	68 mg 5%		
Iron	1.49 mg 8%		
Phosphorus (from dicalcium phosphate)	46 mg 4%		
Magnesium (as magnesium oxide)	10 mg 2%		
Zinc (as zinc oxide)	15 mg 136%		
Manganese (as manganese sulfate)	3 mg 130%		
Sodium (as sodium chloride)	30 mg 1%		
Potassium (as potassium chloride)	25 mg 1%		

Other Ingredients: Pineapple fruit powder, rice flour, black cherry fruit powder.
Nutrim® is a registered trademark of VDF FutureCeuticals, Inc.

This product is exclusively formulated and manufactured for:
HEALTH PLUS NUTRITIONALS
950 Cobb Pkwy. S. Ste. #190 • Marietta, Georgia 30060
To reorder, visit:
www.drjoe.com