Dr. Joe's Essential Source™ is a convenient, energizing, all-natural formula for the whole family. This formula contains a multivitamin complex, a rich sea vegetable complex, and several fruit and vegetable extracts. This formulation delivers a wide spectrum of antioxidants, enzymes, and probiotics. It helps provide digestive and immune support and can act as an appetite suppressant while helping maintain healthy blood sugar levels.

This product contains no GMOs, soy, eggs, preservatives, or artificial sweeteners, colors, or flavors. Processed at a low temperature to preserve natural enzymes and nutrients.

Directions: Mix 1 scoop (approximately 10.45 grams) with 8 ounces or more of juice, plant-based milk (such as almond, coconut, etc.), your favorite smoothie, or water.

Storage: Store in a cool, dry place after opening.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use.

5 Produced in a cGMP facility.

For more health and nutrition guidance, visit:

This product is not intended to diagnose, treat, cure, or prevent any disease

THIS BOTTLE IS BPA-FREE



Dr. Joe's ESSENTIAL SOURCE

ANTIOXIDANT • MULTIVITAMIN • PROBIOTIC

Dietary Supplement Net Weight 11.06 oz. (313.5 grams)

SUPPLEMENT FACTS

Serving Size: 10,45 g (About 1 Scoop)

Amoun	t Per Serving	%DV**	
Calories	40		Proprietary Fi
Fotal Carbohydrate	8 g	3%**	Nutrim® Orga
Dietary Fiber	2 g	7%**	Powder, Drie
Total Sugars	2 g	1	Proprietary G
Protein	1 g		Organic Barle
/itamin A (as beta carotene)	1500 mcg	167%	Chlorella Cra
/itamin C (from acerola fruit extract)	136 mg	151%	Proprietary Fi
/itamin D3 (as cholecalciferol)(from Lichen)10 mcg 50			Carrot Root P
/itamin E (as DL-alpha tocopheryl acetate)	13.8 mg	92%	Leaf Powder, Powder, Wat
/itamin K (as phytonadione)	80 mcg	67%	Fruit Powder, Fruit Powder
Thiamin (as thiamine HCI)	1.15 mg	96%	Plum Fruit Po
Riboflavin	1.7 mg	131%	Powder, Rasi
Viacin (as niacinamide)	20 mg	125%	Fruit Powder
/itamin B6 (as pyridoxine HCI)	2 mg	118%	Proprietary A
olate (as L-5-methyltetrahydrofolat	e calcium) 400 mcg DFE	100%	Acerola Fruit Fruit Extract,
/itamin B12 (as methylcobalamin)	6 mcg	250%	Dihydrate), T
Biotin	300 mcg	1,000%	Extract), Grap
Pantothenic Acid (as calcium-d-pantothenate)	10 mg	200%	Proprietary Cl Dried Plum (F Seed Extract.
Calcium (as dicalcium phosphate)	68 mg	5%	Proprietary D
ron	1.24 mg	7%	Ginger Root F
Phosphorus (from dicalcium phosphate)	46 mg	4%	Complex, Pag
Magnesium (as magnesium oxide)	10 mg	2%	Proprietary Propri
Zinc (as zinc oxide)	15 mg	136%	Lactobacillus
Manganese (as manganese sulfate)	3 mg	130%	
Sodium (as sodium ch l oride)	30 mg	1%	** Percent Dail
Potassium (as potassium ch l oride)	25 mg	1%	† Daily Value (I

Amount	Per Serving	%DV**	Amount Per Serving	%DV**
	40		Proprietary Fiber Support Blend 2.73 g	+
)	8 g	3%**	Nutrim® Organic Whole Oat Bran Powder, Apple Fruit	
	2 g	7%**	Powder, Dried Grape (Raisin) Fruit Powder.	
	2 g	†	Proprietary Greens Blend 1.8 g	†
	1 g		Organic Barley Grass Powder, Spirulina Whole Plant Powder, Chlorella Cracked Cell Wall Powder, Kombu Whole Plant Powder.	
carotene)	1500 mcg	167%	Ecklonia cava kiellman Algae Powder, Kelip Frond and Stipe Powder.	
erola fruit	136 mg	151%	Proprietary Fruit and Vegetable Blend 1.7 g	+
lecalciferol)(from l	Lichen) 10 mcg	50%	Carrot Root Powder, Collards (Kale) Leaf Powder, Spinach Leaf Powder, Cauliflower Florets Powder, Cabbage Leaf	
Ipha te)	13.8 mg	92%	Powder, Caulinower Horets Powder, Cabbage Lear Powder, Watermelon Fruit Powder, Actinidia deliciosa (Kiwi) Fruit Powder. Musa acuminate/Musa cavendishii (Banana)	
onadione)	80 mcg	67%	Fruit Powder, Broccoli Sprout Powder, Parsley Leaf Powder.	
ne HCI)	1.15 mg	96%	Plum Fruit Powder, Cranberry Fruit Powder, Strawberry Fruit	
	1.7 mg	131%	Powder, Raspberry Fruit Powder, Peach Fruit Powder, Papaya	
nide)	20 mg	125%	Fruit Powder, Pyrus communis (Pear) Fruit Powder, Apple Fruit Extrac	t.
idoxine HCI)	2 mg	118%	Proprietary Antioxidant Blend 1.28 g	1
hyltetrahydrofolate			Acerola Fruit Extract, Bilberry Fruit Extract, Grape (Red Wine)	
	400 mcg DFE	100%	Fruit Extract, Green Tea Leaf Extract, Quercetin (as Quercetin	
ethylcobalamin)	6 mcg	250%	Dihydrate), Trans-Resveratrol (from Japanese Knotweed Root Extract), Grape Seed Extract, Blueberry Fruit Extract	
	300 mcg	1,000%	Proprietary Clinical Circulatory Blend 1.04 q	-
as thenate)	10 mg	200%	Dried Plum (Prune) Fruit Extract, Bromelain Complex, Milk Thistle Seed Extract, Turmeric Root Extract, Black Cherry Fruit Extract,	
ium phosphate)	68 mg	5%	Proprietary Digestive Support Blend 200 mg	
	1.24 mg	7%	Ginger Root Powder, Amylase Complex, Lipase Complex, Cellulase	
dica l cium	46 mg	4%	Complex, Papain Complex, Aloe Vera Leaf Powder, Licorice Root Pow	der.
agnesium oxide)	10 mg	2%	Proprietary Probiotic Blend 125 mg	1
)	15 mg	136%	Inulin, Lactobacillus acidophilus, Streptococcus thermophilus, Lactobacillus casei, Bifidobacterium Iongum, Bifidobacterium breve.	
anganese su l fate)	3 mg	130%	Euclobasinas caser, sinassasteriam tongam, sinassasteriam breve.	
n chloride)	30 mg	1%	** Percent Daily Values (%DV) are based on a 2,000 calorie diet.	
assium chloride)	25 ma	1%	† Daily Value (DV) not established.	

Other Ingredients: Natural Flavors, Citric Acid, Rebaudioside A (from Stevia Leaf Extract). Nutrim[®] is a registered trademark of VDF FutureCeuticals, Inc.