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Dr. Joe’s Cardio Boost promotes overall health and well-being by supporting healthy blood lipid profiles and optimal blood glucose balance.* It is an easily digested, low-carbohydrate source of pea protein isolate and organic brown rice protein with concentrated levels of vitamins, minerals, and BCAAs.*

- Supports Healthy Blood Lipid Profiles*
- Supports Cardio-Metabolic and Cardiovascular Health*
- Supports Healthy Oxidative Stress*
- Supports Optimal Blood Glucose Balance*

Suggested Use: Shake canister before scooping. Mix 1 scoop in 10-12 ounces of water twice daily or as recommended by your healthcare practitioner. Consume within 5 minutes of reconstitution. If blending, blend no longer than 15 seconds.

Warning: If pregnant, nursing, or taking medication such as blood sugar lowering medication, consult your healthcare practitioner before use. To be used under the supervision of a healthcare practitioner. Keep out of reach of children.

Storage: Store in a cool, dry place.

Produced in a cGMP facility.



NON-GMO



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. PL-HPN334C Rev. 07/25 SF102



Manufactured for:
Health Plus Nutritionals, LLC
950 Cobb Pkwy S Suite 190 • Marietta, GA 30060
Reorder at DRJOE.COM
770-427-7387



Dr. Joe’s CARDIO BOOST

Nutritional Support for Cardio-Metabolic Health*

CHOCOLATE

Dietary Supplement
Net Weight 19.21 oz. (544.6 grams)

Supplement Facts

Serving Size: About 1 Scoop (38.9 g)
Servings Per Container: About 14

	Amount Per Serving	%DV*
Calories	140	
Total Fat	2.5 g	3%*
Saturated Fat	1 g	4%*
Total Carbohydrate	10 g	4%*
Dietary Fiber	4 g	14%*
Protein	17 g	
Vitamin A (as retinyl palmitate)	375 mcg RAE	42%
Vitamin C (ascorbic acid)	50 mg	56%
Vitamin D3 (as cholecalciferol)	12.5 mcg (500 IU)	63%
Vitamin E (as d-alpha tocopheryl acetate)	5 mg	33%
Thiamin (as thiamine HCl)	5 mg	417%
Riboflavin	5 mg	385%
Niacin (as niacinamide)	15 mg NE	94%
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	294%
Folate (as calcium L-5-methyltetrahydrofolate (BioFolate®))	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	250 mcg	10,417%
Biotin	150 mcg	500%
Pantothenic Acid (as calcium-d-pantothenate)	2.5 mg	50%
Calcium (as dicalcium phosphate)	120 mg	9%
Iron	6.3 mg	35%
Phosphorus (from dicalcium phosphate)	63 mg	5%
Iodine (as potassium iodide)	38 mcg	25%
Magnesium (as magnesium citrate)	100 mg	24%
Zinc (as zinc gluconate)	15 mg	136%

	Amount Per Serving	%DV*
Selenium (as L-selenomethionine)	52.5 mcg	95%
Copper (as copper gluconate)	2 mg	222%
Chromium (as chromium picolinate)	1,000 mcg	2,857%
Sodium	210 mg	9%
Potassium	340 mg	7%
Glucomannan (from umbrella arum root extract)	1.5 g	**
Gum Arabic Tree Gum Resin Powder	1.5 g	**
Plant Sterols	1.14 g	**
L-Lysine (as lysine HCl)	850 mg	**
L-Leucine	700 mg	**
L-Valine	500 mg	**
Bitter Melon Fruit Extract	250 mg	**
Organic Cassia Bark Powder	200 mg	**
Fenugreek Seed Extract	150 mg	**
Hops Aerial Parts Extract	125 mg	**
L-Isoleucine	100 mg	**
Gymnema Leaf Extract	67 mg	**

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Pea Protein Isolate, Cocoa Bean Powder processed with Alkali, Isomalt Powder, Organic Brown Rice Protein, Natural Flavor, Silica, Stevia Leaf Extract.
BioFolate® is a federally registered trademark of MTC Industries, Inc.
Contents sold by weight, not volume. Some settling may occur during shipping and handling. The amount of product contained in 1 scoop may be above or below 38.9 grams due to variations in handling and product density.

Amino Profile

Typical Amino Acid Composition
in Milligrams Per Serving

Amino Acid	Per Serving
Alanine	707 mg
Arginine	1,344 mg
Aspartic Acid	1,697 mg
Cystine	170 mg
Glutamic Acid	2,734 mg
Glycine	593 mg
Histidine	437 mg
Isoleucine	761 mg
Leucine	1,316 mg
Lysine	1,168 mg
Methionine	169 mg
Phenylalanine	884 mg
Proline	673 mg
Serine	785 mg
Threonine	565 mg
Tryptophan	147 mg
Tyrosine	486 mg
Valine	859 mg