

MEDICAL TESTS



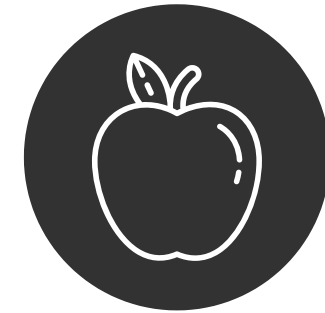
Bone Health Panel

Saliva Test



Food Sensitivity Panel

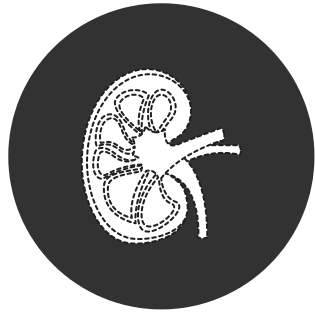
Saliva Test



Micro-Nutrient Panel

Blood Test

MEDICAL TESTS



Adrenal Stress Index

Saliva Test



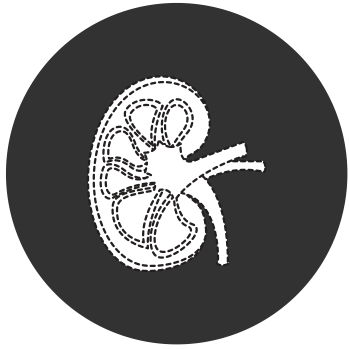
Male Hormone Panel

Saliva Test



Female Hormone Panel

Saliva Test



Adrenal Stress Index

Saliva Test

Cost: \$450

Should I take this test?

If you have these symptoms this is probably a good test for you

- Fatigue or lack of energy
- Chronic Stress
- Muscle or joint weakness
- Irritability or mood swings
- Poor memory or difficulty retaining information
- Hypertension (high blood pressure)

What is it?

Our adrenal stress index measures you're cortisol levels which tells you a wide range of things from:

- Energy Production
- Immune System Function
- Muscle and Joint Function
- Thyroid Function
- Brain Function
- Emotional Health



Food Sensitivity Panel

Saliva Test

Cost: \$450

Should I take this test?

If you have these symptoms this is probably a good test for you

- Diarrhea
- Constipation
- Gas or Bloating
- Gastroesophageal Reflux or GERD
- Mouth Ulcers
- Skin Hives
- Runny Nose or Nasal Congestion

Tests Include:

- Milk (casein)
- Soy
- Egg
- Gluten
- And many more

Why do I need this?

Many food sensitivities don't show any symptoms, but their effects may be serious. Food allergies left untreated can be associated with some of the following conditions,

- Autoimmune Disorders: Type 1 diabetes, Lupus, Celiac, Crohn's Disease
- Cancer: Lymphoma, gastrointestinal cancer
- Decreased Bone Mineral Density: Osteopenia, osteoporosis
- Neurological and Psychiatric Disorders: Migraines, insomnia, anxiety, depression



Bone Health

Saliva Test

Cost: \$450

Should I take this test?

If you have these symptoms this is probably a good test for you

- Diabetes (Type 1 or 2)
- Thyroid or Kidney Disease
- Celiac Disease
- Rheumatoid arthritis
- Dementia
- Low Vitamin D
- History of an eating disorder

What is it ?

- Screen for osteoporosis in conjunction with bone densitometry

Importance of bone health

- One in three women and one in five men over 50 will experience an osteoporotic fracture
- People who suffer a hip fracture have a 20% or greater risk of dying during the following year.



Women's Hormone Panel

Saliva Test

Cost: \$450

Should I take this test?

*If you have any of these symptoms
this is probably a good test for you*

- Irregular or painful periods
- Infertility or miscarriage
- Premenstrual syndrome (mood changes, breast tenderness, water retention, uterine cramping)
- Low libido
- Facial hair growth
- Acne
- Migraines

What is it?

This test uses 11 saliva samples to assess the levels of

- Estradiol
- Progesterone
- DHEA
- Testosterone



Men's Hormone Panel

Saliva Test

Cost: \$450

Why should I take this test

If you have any of these symptoms this is probably a good test for you

- Decreased libido
- Erectile dysfunction
- Sleep disorders
- Decreased muscle mass and strength
- General fatigue/decreased energy
- Hair loss or thinning
- Increased fat accumulation
- Urinary problems
- Compromised immune function
- Irritability and depression

What is it?

The following 7 hormones are evaluated

- Testosterone
- DHEA
- Androstenedione
- Dihydrotestosterone
- Estrogens
- Progesterone



Micronutrient Panel

Blood Test

Cost: \$450

Should I take this test?

This test is good for anybody who wants to know more about what's going on inside their body

What is it?

This test measures the function of 35 nutritional components including vitamins, antioxidants, minerals, and amino acids within our white blood cells.

Hair Analysis

Cost \$250

What is it?

This test measures the trace minerals in the hair. Minerals in the hair reflect the mineral content in the body. If a mineral deficiency or excess exists in the hair, it usually indicates the same issue in the body.

Do I need this?

If you have any of these symptoms this is probably a good test for you

- White Spots in fingernails
- Ridges in nails
- Brittle Hair and Nails
- Stretch Marks
- Lack of growth
- Mood Swings

